



Kale

Lettuce

Scallions

Cilantro

Arugula

Beets

Carrots

Turnips

Spinach

Chard

Potatoes



Belgian endive



+ spinach



garden sorrel



garden cress



curled endive

www.visualdictionaryonline.com



escarole



butterhead lettuce



iceberg lettuce



radicchio



ornamental kale

Vegetables



Beetroot



Spinach



Turnip



Cauliflower



The Vast Vegetable-verse



flower buds



seeds



roots

leaves



leaf sheaths



buds

stems



leaf stems



bulbs



sprouts



stem shoots



Today I want to talk about really vegetable-y vegetables, not borderline shit. A vegetable is any savory edible part of the plant and that includes flower buds, seeds, leaves, leaf sheaths, buds, stems, leaf stems, stem shoots, tubers, sprouts, roots, bulbs, and the "fruits". Not that I know what any of that means.